

CHALLENGE ACCEPTED

(PRESCHOOL)

WEEK 3

BIG IDEA

Jesus helps me when I'm tempted.

BIBLE

The Temptation of Jesus: Mark 1:12-13;
Matthew 4:1-11

WELCOME TIME

MUSIC | Worship Warm-Ups

- **INSTRUCTIONS:** Consider creating a fun worship environment by playing a worship playlist as kids walk in or play freely before your program begins. We recommend [these songs of silliness!](#)

ACTIVITY | Frisbee Golf

- **INSTRUCTIONS:** Prepare frisbees and wet-erase markers (or paper plates and permanent markers) so there are enough frisbees for each kid. Help kids write down their responses to the question about what they might be tempted to do. Afterward, set up a play tunnel or another bin on its side, and have kids throw their frisbees into the tunnel.
- Today, we are going to talk about what we should do when we are tempted. **Do you know what the word "tempted" means?** It means you really want to do something that you know you shouldn't do.
- **Can you think of something that you might be tempted to do?**
- Just because we are tempted to do something, it doesn't mean we

need to do it. We can choose to stop. We can choose to let it go. Let's throw our frisbees to show that we don't have to do what we're tempted to do!

TEACHING TIME

SCRIPTURE | Mark 1:12-13; Matthew 4:1-11

- **INSTRUCTIONS:** *Open the Bible to today's passage and lay it on your lap as you tell the story.*
- Our story today is about Jesus being tempted to do things that were wrong.
 - Jesus was in the desert where it was very hot and dry. The desert was covered in sand and rocks. Jesus was in the desert for forty days and he didn't have anything to eat! Jesus was very tired and very hungry.
 - **Can you rub your tummy and show me how hungry you think Jesus was?**
 - Well, that's when the devil tried to trick Jesus. The devil is an old enemy of Jesus who kept trying to make Jesus do bad things.
 - **Want to know some of the things he tried to get Jesus to do?**
- **Everyone put up one finger and say, "First."** First, the devil tried to get Jesus to turn stones into bread. Jesus was really hungry, and he could probably have done it. But he knew the devil was trying to trick him. Jesus said, "No."
 - **Everyone cross your arms and put on a very serious face and say, "No!"**
- **Now put up two fingers and say, "Second."** Second, the devil took Jesus up to a really high place in the city. The devil tried to tempt Jesus again to jump and make angels catch him. Jesus did not like that the devil was making fun of God's words. Again, Jesus said, "No."
 - **Put both hands in front of you and say it with me, "No!"**
- **Okay, put up three fingers and say, "Third."** For a third time, the devil

tried to tempt Jesus. This time, the devil wanted to tell Jesus that he would give him all sorts of treasures if Jesus would stop obeying God and started obeying the devil. Jesus said one last time, "No."

- **Take one finger and point to the door and say, "No! Go away!"**

After trying three times and failing, the devil left Jesus alone.

- Each time Jesus was tempted, he remembered God. He stayed strong, He said no to the devil and no to being tempted!

THE BIG IDEA | Jesus helps me when I'm tempted.

- **INSTRUCTIONS:** Create [a pennant banner](#) like previous weeks. Write one word of the Big Idea on each triangle. Hang it up backwards before the kids arrive, then flip it over for the Big Idea reveal. Use the pom-poms and noisemakers and have kids yell the Big Idea.
- Let's shout out today's Big Idea cheer: **Jesus helps me when I'm tempted.**

VIDEO | Challenge Accepted, Episode 3

- **INSTRUCTIONS:** Play this week's preschool [teaching video](#).

ACTIVITY | Desert in a Bottle

- **INSTRUCTIONS:** Before the kids arrive, put in one stone and some sand into an empty water bottle (choose a bottle with a wide mouth like a Gatorade bottle). Seal the top of the bottle with duct tape or hot glue. Pass the bottle around so each kid can have a turn shaking the bottle to find the stone.
- Jesus was in the desert when the devil tried to tempt Jesus three times. But Jesus said no every time. This bottle has sand just like the desert. **Can you find the stone inside?**
- **Do you remember what the devil told Jesus to do with the stone?** That's right, he told Jesus to turn the stone into bread to eat. But Jesus said no. He wanted to obey God rather than listen to the devil

- And God can help us say no to the things we aren't supposed to do, too.
Jesus helps me when I am tempted.

PRAYER

- Dear God, thank you for your son, Jesus, who stood up to the devil when he was tempted. When we get tempted to do something wrong, help us to be strong like Jesus. Help us to say no and walk away. We know you are always there to help us. Amen.

DISCUSSION TIME

SNACK | Gold Fish

- **INSTRUCTIONS:** Suggested discussion questions for snack time.
- **What did the devil tell Jesus to turn the stones into?** Yup, bread, like the ones we're eating now.
- **If you were Jesus and you hadn't eaten anything in forty days, what is the first thing you would want to eat?**
- In baseball, after three strikes, you're out. **How many times did the devil try to tempt Jesus?** That's right, three! Three strikes and he was out!

ACTIVITY | Stay on the Line

- **INSTRUCTIONS:** *Before the kids arrive, take masking tape and create a path that weaves around the room but starts and ends in the same place. Have the children follow the path three times.*
- Follow the line all the way to the end. Be careful to stay on the line!
- **Was it tricky to stay on the line the whole time?** Sometimes, it is hard to do what is right and stay where we are supposed to.
- You followed the path three different times, just like how Jesus was tempted three times. And even though it was hard, Jesus said no all

three times. Jesus stayed on the line and beat temptation!

MEMORY VERSE | I John 5:5 (NIV)

- **INSTRUCTIONS:** *Provide at least four different balls. Instruct the kids to sit in a circle and pass the balls around while the music plays. When the music stops whoever is holding the ball you call out (e.g., basketball!) has to repeat the memory verse after you aloud.*

PLAY TIME

ACTIVITY | Coloring Page

- **INSTRUCTIONS:** *Provide this week's coloring page and some crayons or markers. Review today's Bible story and Big Idea as the kids color.-*