



Walking in Wholeness

Message Notes, April 9, 2017

We come to the end of this series on Wholeness, but by no means is the process done. In fact, the heart of this final message is that wholeness is an ongoing journey. Revelations, insights, releases, and healings bring joyous breakthroughs, but these are not an end. They are a new beginning, one of walking in wholeness.

Walking in Wholeness

1. Be filled with the Holy Spirit. Romans 8:5-11 – the gift and call of “living by the Spirit.”
 - Staying attentive to Him (prayer, worship, scripture).
 - Continually surrendering my life and will to His purposes and glory.
 - Keeping alert to the deceptions of the enemy and the distractions of the world.
2. Understand God’s purpose in making you whole. God cares about us and delights to bless us (His beloved children), but His primary purpose is to draw us to Himself so that we find our truest identity and meaning in Him. We can easily slip into a posture of thinking God is with us to “make my life work,” i.e., to make me happy on my own terms.
 - Hebrews 12:26-28 reveals to us that God allows turmoil and even pain to “shake” shallow things that do not give true life, so that the deeper things of Him remain and even flourish in us.
3. Let spiritual disciplines fuel your journey. Things such as prayer, scripture, worship, giving, community and fasting are means of grace God has given to help us connect with Him. When we see these rightly, as the means by which we know, love and enjoy God, we will find they are:
 - a) Life-giving – for they connect us with the One who made us, redeemed us, and loves us. He is life!
 - b) Life-changing – knowing Him is transforming in itself, but these disciplines also become the channel for His conviction, revelation, encouragement, strength, guidance, etc. that bring wholeness in my life.
 - 1 Timothy 4:8 tells us that physical discipline (exercise) is good, but spiritual discipline is even better. “We should maximize investing in appreciating assets and minimize investing in depreciating assets.” Our amazing bodies are actually “depreciating,” but our even more wondrous souls will last forever! How are you investing your best time and energies?
4. Don’t even think about making this journey alone.
 - Read Ecclesiastes 4:9-10. What images does he use here to affirm the necessity of friendship and community?
 - Community is challenging and can be messy, for we are all broken.
 - But is in community, in authentic relationships, that God will help me truly see myself and my need for His grace. Community “sandpapers” me. It is the workshop where the master carpenter shapes and refines me.
 - Community is where I can learn how to truly love. I learn to give as well as receive and to serve as well as to be served.

What is one tangible action you can begin to walk in wholeness?